

5 LB. NEW PACKAGING, SAME GREAT PRODUCT

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AMERICA'S #1 MUSCLE AND STRENGTH DEVELOPMENT POWDER BRAND

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WHEY PROTEIN WITH ENHANCED RECOVERY

MADE FROM 100% PREMIUM WHEY, INSTANTIZED FOR EASY MIXING AND ENHANCED WITH CREATINE, GLUTAMINE, TAURINE AND ELECTROLYTES, BODY FORTRESS® SUPER ADVANCED WHEY PROTEIN IS FORMULATED TO HELP YOU REPLENISH YOUR BODY AND REBUILD LEAN MUSCLE FASTER, SO COME TOMORROW YOU CAN PUSH EVEN HARDER.◊

SUPER ADVANCED WHEY PROTEIN *per 2 scoops

PROTEIN AND AMINO ACID PROFILE

60g PROTEIN*

12g BCAAs FROM PROTEIN*

BODY FORTRESS® SUPER RECOVERY BLEND Replenishes Aminos and Restores Energy◊

9g*

3G GLUTAMINE*
3G CREATINE MONOHYDRATE*
3G TAURINE*

THE BODY FORTRESS® WORKOUT OUTLOOK

YOU GIVE 100% IN TRAINING AND BODY FORTRESS® GIVES YOU 100% RIGHT BACK. LIKE YOU, WE PREFER HARD WORK TO HYPE. THAT'S WHY ALL OF OUR PRODUCTS ARE CAREFULLY CRAFTED WITH PROVEN INGREDIENTS THAT WILL HELP YOU REACH YOUR FITNESS GOALS. OUR FULL LINE OF PREMIUM QUALITY MUSCLE BUILDING SUPPLEMENTS WILL GIVE YOU THE POWER TO TRAIN HARDER AND RECOVER FASTER.



YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

FOR WORKOUT MOTIVATION AND EXCLUSIVE CONTENT, FOLLOW

Instagram @OFFICIALBODYFORTRESS

*PER 2 SCOOPS



SUPER ADVANCED

WHEY PROTEIN

FEATURES 100% PREMIUM WHEY INSTANTIZED FOR EASY MIXING



60g PROTEIN*

12g BCAAs*

BUILD LEAN MUSCLE & STRENGTH◊

BOOST POST-WORKOUT RECOVERY◊

ZERO ASPARTAME-GLUTEN FREE

*PER 2 SCOOPS
SEE NUTRITION INFORMATION FOR CHOLESTEROL CONTENT

VANILLA
Naturally & Artificially Flavored

PROTEIN SUPPLEMENT/ NET WT. 5 lb. (80 oz.) [2,268 g]
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Supplement Facts

	1 Scoop (49 g)	2 Scoops (98 g)
Servings Per Container	about 46	about 23
Amount Per Serving	%Daily Value	%Daily Value
Calories	200	400
Total Fat	3.5 g 4%***	7 g 9%***
Saturated Fat	1.5 g 8%***	3.5 g 18%***
Cholesterol	95 mg 32%	185 mg 62%
Total Carbohydrate	7 g 3%***	15 g 5%***
Total Sugars	3 g ****	5 g ****
Includes Added Sugars	0 g 0%***	0 g 0%***
Protein	30 g 60%***	60 g 120%***
Calcium	150 mg 12%	310 mg 24%
Iron	0.2 mg 0%	0.4 mg 2%
Sodium	160 mg 7%	310 mg 13%
Potassium	200 mg 4%	400 mg 9%
Super Recovery Blend	4.5 g ****	9 g ****
Creatine (as Creatine Monohydrate)	1.5 g ****	3 g ****
Taurine	1.5 g ****	3 g ****
L-Glutamine	1.5 g ****	3 g ****

***Percent Daily Values are based on a 2,000 calorie diet.
****Daily Value not established.

OTHER INGREDIENTS: Super Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Maltodextrin, Natural and Artificial Flavors, Sunflower Lecithin, Salt, Cellulose Gum, Acesulfame Potassium, Sucralose.

Contains milk ingredients.

Made in a facility that also produces peanuts, tree nuts, egg, wheat, soy, sesame, shellfish and fish.

Contains bioengineered food ingredients.

Contents are sold by weight. Some settling may occur.

**Source: IRI, MULO, 52 WE 5/24/20, excluding online sales.

TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 49 G SCOOP***)**

ESSENTIAL AMINO ACIDS	NONESSENTIAL AMINO ACIDS
Histidine 568 mg	Alanine 1,487 mg
Isoleucine 1,839 mg	Arginine 794 mg
Leucine 3,120 mg	Aspartic Acid 3,047 mg
Lysine 2,760 mg	Cysteine 633 mg
Methionine 641 mg	Glutamic Acid 6,559 mg
Phenylalanine 1,004 mg	Glycine 566 mg
Threonine 2,143 mg	Proline 1,873 mg
Tryptophan**** 469 mg	Serine 1,564 mg
Valine 1,721 mg	Tyrosine 936 mg

*****L-Tryptophan is naturally occurring, not added.
*****approximate values

Directions: For adults, add one (1) scoop to 6-8 ounces or two (2) scoops to 14-16 ounces of your favorite beverage. Consume within 10 minutes after mixing. Take this product with an adequate daily fluid intake. Super Advanced Whey Protein can be taken immediately following exercise or as needed throughout the day in order to meet your daily protein requirements.



Stir for 20-30 seconds or until completely blended. Cover and shake for 25-30 seconds. Cover and blend for 20-30 seconds.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Please note: Crystalline Taurine will appear as small crystals within the powder.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

◊These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980

