

60g PROTEIN* FEATURING **100% WHEY**
*PER 2 SCOOPS

BANANA CRÈME
Naturally & Artificially Flavored

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AMERICA'S #1 MUSCLE AND STRENGTH DEVELOPMENT POWDER BRAND**

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WHEY PROTEIN WITH ENHANCED RECOVERY

MADE FROM 100% PREMIUM WHEY, INSTANTIZED FOR EASY MIXING AND ENHANCED WITH CREATINE, GLUTAMINE, TAURINE AND ELECTROLYTES, BODY FORTRESS® SUPER ADVANCED WHEY PROTEIN IS FORMULATED TO HELP YOU REPLENISH YOUR BODY AND REBUILD LEAN MUSCLE FASTER, SO COME TOMORROW YOU CAN PUSH EVEN HARDER.◊

SUPER ADVANCED WHEY PROTEIN *per 2 scoops

60g PROTEIN* | **12g** BCAAs* FROM PROTEIN*
BODY FORTRESS® SUPER RECOVERY BLEND
Replenishes Aminos and Restores Energy◊

9g* 3G GLUTAMINE*
3G CREATINE MONOHYDRATE*
3G TAURINE*

THE BODY FORTRESS® WORKOUT OUTLOOK

YOU GIVE 100% IN TRAINING AND BODY FORTRESS® GIVES YOU 100% RIGHT BACK. LIKE YOU, WE PREFER HARD WORK TO HYPE. THAT'S WHY ALL OF OUR PRODUCTS ARE CAREFULLY CRAFTED WITH PROVEN INGREDIENTS THAT WILL HELP YOU REACH YOUR FITNESS GOALS. OUR FULL LINE OF PREMIUM QUALITY MUSCLE BUILDING SUPPLEMENTS WILL GIVE YOU THE POWER TO TRAIN HARDER AND RECOVER FASTER.

BODY FORTRESS®
YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

FOR WORKOUT MOTIVATION AND EXCLUSIVE CONTENT, FOLLOW

Instagram @OFFICIALBODYFORTRESS

*PER 2 SCOOPS

BODY FORTRESS®

SUPER ADVANCED

WHEY PROTEIN

FEATURES 100% PREMIUM WHEY INSTANTIZED FOR EASY MIXING

60g PROTEIN* | **12g** BCAAs*
*PER 2 SCOOPS

BANANA CRÈME
Naturally & Artificially Flavored

PROTEIN SUPPLEMENT/ NET WT. 2 lb. (32 oz.) (907g)
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.



- BUILD LEAN MUSCLE & STRENGTH ◊
- BOOST POST-WORKOUT RECOVERY ◊
- ZERO ASPARTAME-GLUTEN FREE

*PER 2 SCOOPS
SEE NUTRITION INFORMATION FOR CHOLESTEROL CONTENT

Supplement Facts

| Amount Per Serving | 1 Scoop (49 g) | | 2 Scoops (98 g) | |
|------------------------------------|----------------|--------|-----------------|---------|
| | about 18 | | about 9 | |
| Calories | 190 | | 390 | |
| Total Fat | 2.5 g | 3%*** | 5 g | 6%*** |
| Saturated Fat | 1.5 g | 8%*** | 2.5 g | 13%*** |
| Cholesterol | 95 mg | 32% | 185 mg | 62% |
| Total Carbohydrate | 7 g | 3%*** | 15 g | 5%*** |
| Total Sugars | 3 g | *** | 6 g | *** |
| Includes Added Sugars | 0 g | 0%*** | <1 g | 1%*** |
| Protein | 30 g | 60%*** | 60 g | 120%*** |
| Calcium | 150 mg | 12% | 310 mg | 24% |
| Iron | 0.3 mg | 2% | 0.6 mg | 4% |
| Sodium | 90 mg | 4% | 180 mg | 8% |
| Potassium | 200 mg | 4% | 410 mg | 9% |
| Super Recovery Blend | 4.5 g | **** | 9 g | **** |
| Creatine (as Creatine Monohydrate) | 1.5 g | **** | 3 g | **** |
| Taurine | 1.5 g | **** | 3 g | **** |
| L-Glutamine | 1.5 g | **** | 3 g | **** |

***Percent Daily Values are based on a 2,000 calorie diet.
****Daily Value not established.

OTHER INGREDIENTS: Super Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Maltodextrin, Sunflower Lecithin, Natural and Artificial Flavors, Cellulose Gum, Acesulfame Potassium, Sucralose, Beta-Carotene (color).
Contains milk ingredients.

Made in a facility that also processes peanuts, tree nuts, egg, wheat, soy, sesame, fish and shellfish.

Contains bioengineered food ingredients.

Contents are sold by weight. Some settling may occur.

**Source: IRI, MULO, 52 WE 5/24/20, excluding online sales.

TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 49 G SCOOP***)**

| ESSENTIAL AMINO ACIDS | | NONESSENTIAL AMINO ACIDS | |
|-----------------------|----------|--------------------------|----------|
| Histidine | 569 mg | Alanine | 1,488 mg |
| Isoleucine | 1,840 mg | Arginine | 795 mg |
| Leucine | 3,120 mg | Aspartic Acid | 3,048 mg |
| Lysine | 2,761 mg | Cysteine | 634 mg |
| Methionine | 642 mg | Glutamic Acid | 6,567 mg |
| Phenylalanine | 1,004 mg | Glycine | 567 mg |
| Threonine | 2,143 mg | Proline | 1,874 mg |
| Tryptophan**** | 469 mg | Serine | 1,564 mg |
| Valine | 1,721 mg | Tyrosine | 937 mg |

*****L-Tryptophan is naturally occurring, not added.
*****approximate values

Directions: For adults, add one (1) scoop to 6-8 ounces or two (2) scoops to 14-16 ounces of your favorite beverage. Consume within 10 minutes after mixing. Take this product with an adequate daily fluid intake. Super Advanced Whey Protein can be taken immediately following exercise or as needed throughout the day in order to meet your daily protein requirements.



Stir for 20-30 seconds or until completely blended. Cover and shake for 25-30 seconds. Cover and blend for 20-30 seconds.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Please note: Crystalline Taurine will appear as small crystals within the powder.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

◊These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured according to cGMP standards, as is required for all dietary supplements.



GLUTEN FREE



from select ingredients from around the world.



Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980

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