

**60g** PROTEIN\* FEATURING **100% WHEY**  
\*PER 2 SCOOPS

**COOKIES N CREME**  
Naturally & Artificially Flavored

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**AMERICA'S #1 MUSCLE AND STRENGTH DEVELOPMENT POWDER BRAND\*\***

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**WHEY PROTEIN WITH ENHANCED RECOVERY**

MADE FROM 100% PREMIUM WHEY, INSTANTIZED FOR EASY MIXING AND ENHANCED WITH CREATINE, GLUTAMINE, TAURINE AND ELECTROLYTES, BODY FORTRESS® SUPER ADVANCED WHEY PROTEIN IS FORMULATED TO HELP YOU REPLENISH YOUR BODY AND REBUILD LEAN MUSCLE FASTER, SO COME TOMORROW YOU CAN PUSH EVEN HARDER. ♦

**SUPER ADVANCED WHEY PROTEIN** \*per 2 scoops

PROTEIN AND AMINO ACID PROFILE

**60g** PROTEIN\*

**12g** BCAAs FROM PROTEIN\*

**BODY FORTRESS® SUPER RECOVERY BLEND**  
Replenishes Aminos and Restores Energy♦

**9g\***

**3G GLUTAMINE\***  
**3G CREATINE MONOHYDRATE\***  
**3G TAURINE\***

**THE BODY FORTRESS® WORKOUT OUTLOOK**

YOU GIVE 100% IN TRAINING AND BODY FORTRESS® GIVES YOU 100% RIGHT BACK. LIKE YOU, WE PREFER HARD WORK TO HYPE. THAT'S WHY ALL OF OUR PRODUCTS ARE CAREFULLY CRAFTED WITH PROVEN INGREDIENTS THAT WILL HELP YOU REACH YOUR FITNESS GOALS. OUR FULL LINE OF PREMIUM QUALITY MUSCLE BUILDING SUPPLEMENTS WILL GIVE YOU THE POWER TO TRAIN HARDER AND RECOVER FASTER.

**BODY FORTRESS®**

**YOUR BODY - YOUR FORTRESS.®**

For more information on other Body Fortress® products or for complete training and nutrition programs, visit [www.bodyfortress.com](http://www.bodyfortress.com).

FOR WORKOUT MOTIVATION AND EXCLUSIVE CONTENT, FOLLOW

Instagram @OFFICIALBODYFORTRESS

\*PER 2 SCOOPS

**BODY FORTRESS®**

**SUPER ADVANCED**

**WHEY PROTEIN**

FEATURES 100% PREMIUM WHEY INSTANTIZED FOR EASY MIXING

**60g** PROTEIN\* | **12g** BCAAs\*  
\*PER 2 SCOOPS

**COOKIES N CREME**  
Naturally & Artificially Flavored

CONTENTS CERTIFIED



- BUILD LEAN MUSCLE & STRENGTH ♦
- BOOST POST - WORKOUT RECOVERY ♦
- ZERO ASPARTAME

\*PER 2 SCOOPS  
SEE NUTRITION INFORMATION FOR CHOLESTEROL CONTENT

PROTEIN SUPPLEMENT/ NET WT. 2 lb. (32 oz.) (907g)  
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

**Supplement Facts**

Serving Size	1 Scoop (50 g)		2 Scoops (100 g)	
Servings Per Container	about 18		about 9	
Amount Per Serving	%Daily Value		%Daily Value	
Calories	200		400	
Total Fat	3g	4%***	6g	8%***
Saturated Fat	1.5g	8%***	3g	15%***
Cholesterol	90mg	30%	185mg	62%
Total Carbohydrate	8g	3%***	16g	6%***
Total Sugars	3g	***	6g	***
Includes Added Sugars	<1g	2%***	2g	3%***
Protein	30g	60%***	60g	120%***
Calcium	150mg	12%	310mg	24%
Iron	0.4mg	2%	0.7mg	4%
Sodium	125mg	5%	250mg	11%
Potassium	210mg	4%	420mg	9%
Super Recovery Blend	4.5g	****	9g	****
Creatine (as Creatine Monohydrate)	1.5g	****	3g	****
L-Glutamine	1.5g	****	3g	****
L-Taurine	1.5g	****	3g	****

\*\*\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*\*\*Daily Value not established.

**OTHER INGREDIENTS:** Super Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Maltodextrin, Wheat Flour, Natural and Artificial Flavors, Sugar, Sunflower Lecithin, Fractionated Palm Oil, Sunflower Oil, Cellulose Gum, Cocoa (processed with alkali), Acesulfame Potassium, Salt, Sucralose, Sodium Bicarbonate, Soy Lecithin, Sodium Caseinate, Mono- and Diglycerides, Tocopherols (added to protect flavor), Calcium Phosphate.

Contains milk, wheat and soy ingredients.

Made in a facility that also processes peanuts, tree nuts, egg, sesame, shellfish and fish.

Contains bioengineered food ingredients.

Contents are sold by weight. Some settling may occur.

\*\*Source: IRI, MULO, 52 WE 5/24/20, excluding online sales.

**TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 50 G SCOOP\*\*\*\*\*)**

ESSENTIAL AMINO ACIDS	NONESSENTIAL AMINO ACIDS
Histidine 567 mg	Alanine 1,480 mg
Isoleucine 1,830 mg	Arginine 796 mg
Leucine 3,104 mg	Aspartic Acid 3,030 mg
Lysine 2,741 mg	Cysteine 632 mg
Methionine 639 mg	Glutamic Acid 6,567 mg
Phenylalanine 1,003 mg	Glycine 568 mg
Threonine 2,129 mg	Proline 1,874 mg
Tryptophan***** 467 mg	Serine 1,558 mg
Valine 1,715 mg	Tyrosine 932 mg

\*\*\*\*\*L-Tryptophan is naturally occurring, not added.  
\*\*\*\*\*approximate values

**Directions:** For adults, add one (1) scoop to 6-8 ounces or two (2) scoops to 14-16 ounces of your favorite beverage. Consume within 10 minutes after mixing. Take this product with an adequate daily fluid intake. Super Advanced Whey Protein can be taken immediately following exercise or as needed throughout the day in order to meet your daily protein requirements.



**STIR:** Stir for 20-30 seconds or until completely blended.  
**SHAKE:** Cover and shake for 25-30 seconds.  
**BLEND:** Cover and blend for 20-30 seconds.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Please note: Crystalline Taurine will appear as small crystals within the powder.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

**KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured according to cGMP standards, as is required for all dietary supplements.



Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980

