

BODY FORTRESS® SUPER ADVANCED CREATINE

Body Fortress Super Advanced Creatine is a potent combination of Creatine Ethyl Ester and Creatine Alpha Ketoglutarate designed to help deliver increases in strength and recovery while supporting muscle growth.* Blended in our CreaSorb Complex, Body Fortress Super Advanced Creatine interacts with cell receptors to boost cell volumization and muscle energy stores.*

Take two tablets before your workouts to help boost reps during lifting while helping to maximize strength and power.* Two tablets after you've finished punishing the weights speeds recovery while replenishing Creatine stores needed for your next all-out assault in the gym or on the athletic field.*

Body Fortress® Mass Supplement Stack

For maximal results - we've developed the ultimate stack to boost your size and strength gains.* Try adding these Body Fortress supplements to your training and nutrition plan if you're serious about achieving your goals.

Morning Snack: 1 serving of Super Muscle & Weight Gainer mixed with low-fat milk.

Afternoon Snack: 1 Super Whey Protein Shot (consume with an apple to balance protein with carbohydrates)

Pre-Workout: 2 tablets Super Advanced Creatine
3 tablets Super NOS Pump

Post-Workout: 2 tablets Super Advanced Creatine
1 serving of Super Muscle & Weight Gainer

Before Bed: 1 serving of 100% Pure Glutamine Powder

For additional nutrition, training and supplement recommendations visit our website at: www.bodyfortress.com

Directions: For adults, take two (2) tablets with 6-8 ounces of juice or other carbohydrate containing beverage thirty minutes before your workout and two (2) more tablets immediately after your workout. As a reminder, discuss the supplements and medications you take with your health care providers.

FREE OF: yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor, sodium (less than 5 mg per serving).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BODY FORTRESS®

SUPER CREATINE ADVANCED

MUSCLE GROWTH FUEL*

- ◆ *Powered by 2600 mg[◇] of CreaSorb Complex to Boost Cell Volumization**
- ◆ *Provides Increased Muscle Size and Strength Support**
- ◆ *Speeds Recovery from Training**

DIETARY SUPPLEMENT

60 TABLETS

◇per serving

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per Serving	%Daily Value
CreaSorb Complex (Creatine Ethyl Ester HCl, Creatine Alpha Ketoglutarate)	2.6 g (2,600 mg) **

**Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Povidone, Croscarmellose, Calcium Silicate, Cellulose Coating, Vegetable Magnesium Stearate, Silica, Red #40 Lake, Yellow #6 Lake, Titanium Dioxide Color, Blue #2 Lake.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF THE REACH OF CHILDREN. KEEP IN A DRY PLACE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Results may vary. Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

BODY FORTRESS®

YOUR BODY. YOUR FORTRESS.™

WWW.BODYFORTRESS.COM

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